

Gulval CP School

Emotional Health and Well-being - Criterion 5

Coordinator: Andy Shapland

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Healthy School Validation 2004

School Details and Context

Gulval school is a village school with 156 pupils on roll. It is situated on the outskirts of the small town of Penzance. The school has undergone many changes over the last few years with new buildings, including P.A.U. Most classes are individual year groups and some are mixed.

How was the need identified?

We felt that the Emotional Health and Well-being of the staff and pupils had to be to the highest priority before moving onto any other criterion. An audit of the staff was carried out to identify needs and a questionnaire was completed by all pupils. From the staff audit, a well-being policy was drafted, discussed, amended and approved. The policy required a member of staff that any audit could approach for guidance regarding well-being and all support links are made available.

Chosen Criteria

We were Criterion 1 - Strategic Planning of Health within the school and Criterion 5 - Emotional Health and Well-being

Steps taken to meet the criteria

A staff well-being policy was created for all staff to follow and a member of staff was given the role of well-being officer. This required training through the whole school conference in November and on a one to one basis with the county Pastoral Care Co-ordinator, Peter Johnson. We receive the Pascal care newsletter regularly.

Who was involved in the process?

All staff and the healthy schools committee. Andy Shapland - Healthy Schools Co-ordinator, Acting head teacher Hannah Howells - PHSE co-ordinator, staff well-being, Peter Johnson - Pastoral Care Co-ordinator, outside agencies i.e. teacherline, unions, county hall, Relate etc.

Outcomes/impact on pupils and the wider community

Staff are all aware of where to go for support. If the staff well-being person can not offer support, awareness of what links and other routes, are available to take, however very often problems are overcome quickly and effectively without this. A happy staff has resulted in a happy, healthy school. This is reflected in the classrooms, on the children, to their families and the wider community.